



**BlueCross BlueShield
of Texas**

Public Employee Benefit Cooperative

2025 Summary of Benefits

Blue Cross Group Medicare Advantage Open Access (PPO)SM

January 1, 2025 – December 31, 2025

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

Y0096_0107PEBCSB25_M

765868.0524

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a Customer Service representative at 1-877-842-7564 (TTY 711). We are open from 8:00 a.m. – 8:00 p.m., local time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on the weekends and holidays.

Understanding the Benefits

- Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Call 1-877-299-1008 (TTY 711) to request a copy of the EOC.
- Check with your current providers to confirm that they accept Medicare. Review the *Provider Finder* for a list of doctors in our network.
- Review the *Pharmacy Directory* to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- Review the formulary to make sure your drugs are covered.

Understanding Important Rules

- Effect on Current Coverage. If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.
- You must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/co-insurance may change on January 1, 2026.
- Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher co-pay for services received by non-contracted providers.

1

SECTION I - INTRODUCTION TO SUMMARY OF BENEFITS

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the "Evidence of Coverage."

You have choices about how to get your Medicare benefits

- One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.
- Another choice is to get your Medicare benefits by joining a Medicare health plan (such as **Blue Cross Group Medicare Advantage Open Access (PPO)**).

Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what **Blue Cross Group Medicare Advantage Open Access (PPO)** covers and what you pay.

- If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on www.medicare.gov.
- If you want to know more about the coverage and costs of Original Medicare, look in your current "**Medicare & You**" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Sections in this booklet

- Things to Know About **Blue Cross Group Medicare Advantage Open Access (PPO)**.
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services.
- Covered Medical and Hospital Benefits.
- Prescription Drug Benefits.

This document is available in other formats such as Braille, large print or audio.

This document may be available in a non-English language. For additional information, call us at 1-877-299-1008 (TTY: 711).

Things to Know About Blue Cross Group Medicare Advantage Open Access (PPO)

Hours of Operation & Contact Information

- From October 1 to March 31 we're open 8 a.m. – 8 p.m. Local Time, 7 days a week.
- From April 1 to September 30, we're open 8 a.m. – 8 p.m. Local Time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays.
- If you are a member of this plan, call us at 1-877-299-1008, TTY: 711.
- If you are not a member of this plan, call us at 1-877-842-7564, TTY: 711.
- Our website: www.bcbstx.com/retiree-medicare-tools.

Who can join?

To join **Blue Cross Group Medicare Advantage Open Access (PPO)**, you must have both Medicare Part A and Medicare Part B, meet your employers eligibility requirements, and be retired.

Which doctors, hospitals, and pharmacies can I use?

Blue Cross Group Medicare Advantage Open Access (PPO) has a network of doctors, hospitals, pharmacies, and other providers. You may seek care from any provider that accepts Medicare and agrees to bill us. Your benefit levels are the same whether or not you utilize a network provider.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

You can see our plan's *Provider Directory* and/or *Pharmacy Directory* at our website (www.bcbstx.com/retiree-medicare-tools).

Or, call us at 1-877-299-1008 and we will send you a copy of the *Provider Directory* and *Pharmacy Directory*.

What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers – and more. Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs including chemotherapy and some drugs administered by your provider.

- You can see the complete plan *Formulary* (list of Part D prescription drugs) and any restrictions on our website, www.bcbstx.com/retiree-medicare-tools.
- Or, call us at 1-877-299-1008 and we will send you a copy of the *Formulary*.

How will I determine my drug costs?

Our plan groups each medication into one of five "tiers." You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur: Initial Coverage and Catastrophic Coverage.

If you have any questions about this plan's benefits or costs, please contact Blue Cross and Blue Shield of Texas

2

SECTION II - SUMMARY OF BENEFITS

Blue Cross Group Medicare Advantage Open Access (PPO)SM

MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES

Monthly Plan Premium	For information concerning the actual premiums you will pay, please contact your employer or your employer group benefits plan administrator. In addition, you must keep paying your Medicare Part B premium.
Deductible	This plan does not have a deductible.
Maximum Out-of-Pocket Responsibility	<p>If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.</p> <p>Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.</p> <p>Your yearly limit(s) in this plan:</p> <ul style="list-style-type: none"> • \$0 for services you receive from in and out-of-network providers combined.

COVERED MEDICAL AND HOSPITAL BENEFITS

Inpatient Hospital	<p><u>In-Network:</u> \$0 copay per stay.</p> <p><u>Out-of-Network:</u> \$0 copay per stay. May require prior authorization.</p>
Outpatient Hospital	<p><u>In-Network:</u> \$0 copay.</p> <p><u>Out-of-Network:</u> \$0 copay. May require prior authorization.</p>

<p>Ambulatory Surgical Center</p>	<p><u>In-Network:</u> \$0 copay.</p> <p><u>Out-of-Network:</u> \$0 copay. May require prior authorization.</p>
<p>Doctor's Office Visits</p>	<p><u>In-Network:</u> Primary care physician visit: \$0 copay. Specialist visit: \$0 copay.</p> <p><u>Out-of-Network:</u> Primary care physician visit: \$0 copay. Specialist visit: \$0 copay. May require prior authorization.</p>
<p>Preventive Care (e.g., flu vaccine, diabetic screenings)</p>	<p><u>In-Network:</u> \$0 copay for all preventive services covered under Original Medicare at zero cost sharing.</p> <p><u>Out-of-Network:</u> \$0 copay for all preventive services covered under Original Medicare at zero cost sharing.</p> <p>Other preventive services are available. There are some covered services that have a cost. Please reference EOC for more detail.</p> <p>Important Message About What You Pay for Vaccines</p> <p>Our plan covers most Part D vaccines at no cost to you. Call Customer Service for more information.</p>
<p>Emergency Care</p>	<p>\$0 copay per visit.</p> <p>Worldwide Emergency Coverage: \$0 copay.</p> <p>Copay is waived if you are admitted to the hospital within 3 days for the same condition. See the "Inpatient Hospital" section of this booklet for other costs.</p>
<p>Urgently Needed Services</p>	<p>\$0 copay per visit.</p> <p>Worldwide Urgent Coverage: \$0 copay.</p> <p>Copay is waived if you are admitted to the hospital within 3 days for the same condition. See the "Inpatient Hospital" section of this booklet for other costs.</p>

<p>Diagnostic Services / Labs/ Imaging</p>	<p><u>In-Network:</u> Diagnostic tests and procedures: \$0 copay. Lab services: \$0 copay. MRIs, CT Scans: \$0 copay. X-rays: \$0 copay. Therapeutic radiology services (such as radiation treatment for cancer): \$0 copay.</p> <p><u>Out-of-Network:</u> Diagnostic tests and procedures: \$0 copay. Lab services: \$0 copay. MRIs, CT Scans: \$0 copay. X-rays: \$0 copay. Therapeutic radiology services (such as radiation treatment for cancer): \$0 copay. May require prior authorization.</p>
<p>Hearing Services</p>	<p><u>In-Network:</u> <u>Medicare-covered:</u> Exam to diagnose and treat hearing and balance issues: \$0 copay.</p> <p><u>Routine Hearing:</u> Routine hearing exam: \$0 copay.</p> <p><u>Out-of-Network:</u> <u>Medicare-covered:</u> Exam to diagnose and treat hearing and balance issues: \$0 copay.</p> <p><u>Routine Hearing:</u> Routine hearing exam: \$0 copay.</p>
<p>Dental Services</p>	<p><u>In-Network:</u> Medicare-covered: \$0 copay.</p> <p><u>Out-of-Network:</u> Medicare-covered: \$0 copay.</p>
<p>Vision Services</p>	<p><u>In-Network:</u> <u>Medicare-covered:</u></p>

- Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$0 copay for an eye exam.
- Eyeglasses or contact lenses after cataract surgery: \$0 copay

Routine Vision:

- Routine eye exam: \$0 copay.

Out-of-Network:

Medicare-covered:

- Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$0 copay for an eye exam.
- Eyeglasses or contact lenses after cataract surgery: \$0 copay

Routine Vision:

- Routine eye exam: \$0 copay

<p>Mental Health Services</p>	<p><u>In-Network:</u></p> <p>Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital.</p> <p>The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.</p> <p>Inpatient Mental Health Care: \$0 copay per stay.</p> <p>Outpatient group therapy visit: \$0 copay.</p> <p>Outpatient Individual therapy visit: \$0 copay.</p> <p><u>Out-of-Network:</u></p> <p>Inpatient Mental Health Care: \$0 copay per stay.</p> <p>Outpatient group therapy visit: \$0 copay.</p> <p>Outpatient Individual therapy visit: \$0 copay.</p> <p>May require prior authorization.</p>
<p>Skilled Nursing Facility (SNF)</p>	<p><u>In-Network:</u></p> <p>Days 1-20: \$0 copay per day.</p> <p>Days 21-100: \$0 copay per day.</p> <p><u>Out-of-Network:</u></p> <p>Days 1-20: \$0 copay per day.</p> <p>Days 21-100: \$0 copay per day.</p> <p>May require prior authorization.</p>
<p>Physical Therapy</p>	<p><u>In-Network:</u></p> <p>\$0 copay.</p> <p><u>Out-of-Network:</u></p> <p>\$0 copay.</p> <p>May require prior authorization.</p>

<p>Outpatient Rehabilitation</p>	<p><u>In-Network:</u></p> <p>Cardiac rehab services (Maximum of 2 one-hour sessions per day up to 36 sessions in 36 weeks. Limit to 36 per year): \$0 copay.</p> <p>Occupational therapy visit: \$0 copay.</p> <p><u>Out-of-Network:</u></p> <p>Cardiac rehab services (Maximum of 2 one-hour sessions per day up to 36 sessions in 36 weeks. Limit to 36 per year): \$0 copay.</p> <p>Occupational therapy visit: \$0 copay.</p> <p>May require prior authorization.</p>
<p>Ambulance</p>	<p>Ground Ambulance: \$0 copay for each one-way trip.</p> <p>Air Ambulance: \$0 copay for each one-way trip.</p> <p>May require prior authorization.</p>
<p>Transportation</p>	<p>\$0 copay.</p> <p>12 one-way trips every year to plan-approved locations.</p> <p>May require prior authorization.</p>
<p>Medicare Part B Drugs</p>	<p><u>In-Network:</u></p> <p>For Part B drugs such as chemotherapy drugs: 0% of the total cost.</p> <p>Other Part B drugs: 0% of the total cost.</p> <p>For Part B Insulin Drugs: 0% of the total cost with a maximum copay amount per month of \$35.</p> <p><u>Out-of-Network:</u></p> <p>For Part B drugs such as chemotherapy drugs: 0% of the total cost.</p> <p>Other Part B drugs: 0% of the total cost.</p> <p>For Part B Insulin Drugs: 0% of the total cost with a maximum copay amount per month of \$35.</p> <p>May require prior authorization.</p>

PRESCRIPTION DRUG BENEFITS

<p>Deductible</p>	<p>Prescription Drug Deductible: This plan does not have a deductible. Important Message About What You Pay for Insulin You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.</p>																																										
<p>Initial Coverage</p>	<p>You pay the following until your total yearly drug costs reach \$2,000. Total yearly drug costs are the drug costs paid by both you and our Part D plan.</p> <table border="1" data-bbox="367 501 1511 1266"> <thead> <tr> <th colspan="3" data-bbox="367 501 1511 583">Standard Retail Cost-Sharing</th> </tr> <tr> <th data-bbox="367 583 824 632">Tier</th> <th data-bbox="824 583 1170 632">One-month supply</th> <th data-bbox="1170 583 1511 632">Three-month supply</th> </tr> </thead> <tbody> <tr> <td data-bbox="367 632 824 680">Tier 1 (Preferred Generic)</td> <td data-bbox="824 632 1170 680">\$10 copay</td> <td data-bbox="1170 632 1511 680">\$30 copay</td> </tr> <tr> <td data-bbox="367 680 824 728">Tier 2 (Generic)</td> <td data-bbox="824 680 1170 728">\$10 copay</td> <td data-bbox="1170 680 1511 728">\$30 copay</td> </tr> <tr> <td data-bbox="367 728 824 777">Tier 3 (Preferred Brand)</td> <td data-bbox="824 728 1170 777">\$20 copay</td> <td data-bbox="1170 728 1511 777">\$60 copay</td> </tr> <tr> <td data-bbox="367 777 824 825">Tier 4 (Non-Preferred Drug)</td> <td data-bbox="824 777 1170 825">\$35 copay</td> <td data-bbox="1170 777 1511 825">\$105 copay</td> </tr> <tr> <td data-bbox="367 825 824 873">Tier 5 (Specialty)</td> <td data-bbox="824 825 1170 873">\$35 copay</td> <td data-bbox="1170 825 1511 873">\$105 copay</td> </tr> <tr> <th colspan="3" data-bbox="367 873 1511 955">Standard Mail Order</th> </tr> <tr> <th data-bbox="367 955 824 1003">Tier</th> <th data-bbox="824 955 1170 1003">One-month supply</th> <th data-bbox="1170 955 1511 1003">Three-month supply</th> </tr> <tr> <td data-bbox="367 1003 824 1052">Tier 1 (Preferred Generic)</td> <td data-bbox="824 1003 1170 1052">\$10 copay</td> <td data-bbox="1170 1003 1511 1052">\$20 copay</td> </tr> <tr> <td data-bbox="367 1052 824 1100">Tier 2 (Generic)</td> <td data-bbox="824 1052 1170 1100">\$10 copay</td> <td data-bbox="1170 1052 1511 1100">\$20 copay</td> </tr> <tr> <td data-bbox="367 1100 824 1148">Tier 3 (Preferred Brand)</td> <td data-bbox="824 1100 1170 1148">\$20 copay</td> <td data-bbox="1170 1100 1511 1148">\$40 copay</td> </tr> <tr> <td data-bbox="367 1148 824 1197">Tier 4 (Non-Preferred Drug)</td> <td data-bbox="824 1148 1170 1197">\$35 copay</td> <td data-bbox="1170 1148 1511 1197">\$70 copay</td> </tr> <tr> <td data-bbox="367 1197 824 1245">Tier 5 (Specialty)</td> <td data-bbox="824 1197 1170 1245">\$35 copay</td> <td data-bbox="1170 1197 1511 1245">\$70 copay</td> </tr> </tbody> </table>	Standard Retail Cost-Sharing			Tier	One-month supply	Three-month supply	Tier 1 (Preferred Generic)	\$10 copay	\$30 copay	Tier 2 (Generic)	\$10 copay	\$30 copay	Tier 3 (Preferred Brand)	\$20 copay	\$60 copay	Tier 4 (Non-Preferred Drug)	\$35 copay	\$105 copay	Tier 5 (Specialty)	\$35 copay	\$105 copay	Standard Mail Order			Tier	One-month supply	Three-month supply	Tier 1 (Preferred Generic)	\$10 copay	\$20 copay	Tier 2 (Generic)	\$10 copay	\$20 copay	Tier 3 (Preferred Brand)	\$20 copay	\$40 copay	Tier 4 (Non-Preferred Drug)	\$35 copay	\$70 copay	Tier 5 (Specialty)	\$35 copay	\$70 copay
Standard Retail Cost-Sharing																																											
Tier	One-month supply	Three-month supply																																									
Tier 1 (Preferred Generic)	\$10 copay	\$30 copay																																									
Tier 2 (Generic)	\$10 copay	\$30 copay																																									
Tier 3 (Preferred Brand)	\$20 copay	\$60 copay																																									
Tier 4 (Non-Preferred Drug)	\$35 copay	\$105 copay																																									
Tier 5 (Specialty)	\$35 copay	\$105 copay																																									
Standard Mail Order																																											
Tier	One-month supply	Three-month supply																																									
Tier 1 (Preferred Generic)	\$10 copay	\$20 copay																																									
Tier 2 (Generic)	\$10 copay	\$20 copay																																									
Tier 3 (Preferred Brand)	\$20 copay	\$40 copay																																									
Tier 4 (Non-Preferred Drug)	\$35 copay	\$70 copay																																									
Tier 5 (Specialty)	\$35 copay	\$70 copay																																									
<p>Long-term Care Tiers 1-5</p>	<p>If you reside in a long-term facility, you pay the same as at a standard retail pharmacy.</p>																																										
<p>Out-of-network Tiers 1-5</p>	<p>You may get drugs from an out-of-network pharmacy in specific situations. You generally must use a network pharmacy to fill your prescription.</p>																																										
<p>Catastrophic Coverage</p>	<p>After your yearly out-of-pocket drug costs reach \$2,000, you pay nothing for covered Part D drugs.</p>																																										

Please note: Federal law prohibits individuals enrolled in Medicare from using manufacturer coupons or other drug discounts with their drug plan. Financial assistance to help with the costs of prescription drugs may be available through the government's Extra Help/Low Income Subsidy program. You can apply for Extra Help any time before or after you enroll in Part D. For more information or to apply, visit the social security website at www.ssa.gov and click "Medicare," then "Apply for Part D Extra Help."

FAQ

Q. Can I continue to use my manufacturer coupons with our new drug plan?

A. No. Unfortunately, Federal law prohibits individuals enrolled in Medicare from using manufacturer coupons or other drug discounts with their drug plan.

Q. Are there other resources to help with the high cost of our drugs?

A. Financial assistance to help with the costs of prescription drugs may be available through the government's Extra Help/Low Income Subsidy program. You can apply for Extra Help any time before or after you enroll in Part D. For more information or to apply, visit the social security website at www.ssa.gov and click "Medicare," then "Apply for Part D Extra Help."

**Additional
Member
Benefits**

Blue Cross Group Medicare Advantage Open Access (PPO)SM

**Acupuncture for
Chronic Low Back
Pain**

In-Network:

Medicare-covered:

- \$0 copay

Routine Acupuncture:

- Routine acupuncture: Not Covered.

Out-of-Network:

Medicare-covered:

- \$0 copay

Routine Acupuncture:

- Routine acupuncture: Not Covered.

May require prior authorization.

Chiropractic Care

Medicare-covered manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position)

In-Network:

Medicare-covered:

- \$0 copay

Routine Chiropractic Care:

- Routine chiropractic - Not Covered.

Out-of-Network:

Medicare-covered:

- \$0 copay

Routine Chiropractic Care:

- Routine chiropractic - Not Covered.

May require prior authorization.

**Additional
Member
Benefits**

Blue Cross Group Medicare Advantage Open Access (PPO)SM

**Diabetes Supplies
and Services**

In-Network:

Diabetes monitoring supplies

- 0% cost sharing is limited to diabetic testing supplies (meters and strips) obtained through the pharmacy for Lifescan branded products (OneTouch Verio Flex, OneTouch Verio Reflect, OneTouch Verio IQ, OneTouch Verio, OneTouch Ultra Mini and OneTouch Ultra 2). Prior Authorization will be required for all other diabetic testing supplies (meters and strips) and will be subject to 0% cost sharing. All test strips will also be subject to a quantity limit of 204 per 30 days.

Diabetes self-management training

- \$0 copay

Therapeutic shoes or inserts

- 0% of the total cost

Out-of-Network:

Diabetes monitoring supplies

- 0% cost sharing is limited to diabetic testing supplies (meters and strips) obtained through the pharmacy for Lifescan branded products (OneTouch Verio Flex, OneTouch Verio Reflect, OneTouch Verio IQ, OneTouch Verio, OneTouch Ultra Mini and OneTouch Ultra 2). Prior Authorization will be required for all other diabetic testing supplies (meters and strips) and will be subject to 0% cost sharing. All test strips will also be subject to a quantity limit of 204 per 30 days.

Diabetes self-management training

- \$0 copay

Therapeutic shoes or inserts

- 0% of the total cost

May require prior authorization.

**Durable Medical
Equipment
(wheelchairs,
oxygen, etc.)**

In-Network:

- \$0 copay

Out-of-Network:

- \$0 copay

May require prior authorization.

**Additional
Member
Benefits**

Blue Cross Group Medicare Advantage Open Access (PPO)SM

Wellness Programs

\$0 copay for SilverSneakers®+ Fitness Program

SilverSneakers can help you live a healthier, more active life through fitness and social connection. You are covered for a fitness benefit through SilverSneakers online and at participating locations¹. You have access to a nationwide network of participating locations where you can take classes² and use exercise equipment and other amenities. Enroll in as many locations as you like, at any time. You also have access to instructors who lead specially designed group exercise classes in-person and online, seven days a week. Additionally, SilverSneakers Community gives you options to get active outside of traditional gyms at recreation centers, parks and other neighborhood locations. SilverSneakers also connects you to a support network and online resources through SilverSneakers LIVE classes, SilverSneakers On-Demand videos and the SilverSneakers GO mobile app. Activate your free online account at [SilverSneakers.com](https://www.silversneakers.com) to view your SilverSneakers Member ID number, and all program features available to you at no additional cost. For additional questions, go to [SilverSneakers.com](https://www.silversneakers.com) or call 1-888-423-4632 (TTY: 711) Monday through Friday, 8 a.m. to 8 p.m. ET.

Always talk with your doctor before starting an exercise program.

1. Participating locations (“PL”) are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities is limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.
2. Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.

Blue Cross®, Blue Shield® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

SilverSneakers is a registered trademark of Tivity Health, Inc. © 2023 Tivity Health, Inc. All rights reserved.

May require prior authorization.

**Foot Care
(podiatry services)**

Medicare-covered foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions

In-Network:

Medicare-covered:

- \$0 copay

Routine Podiatry:

Additional Member Benefits	Blue Cross Group Medicare Advantage Open Access (PPO) SM
	<ul style="list-style-type: none"> • Routine podiatry - \$0 copay per visit for up to 6 routine podiatry visit(s) every year. <p><u>Out-of-Network:</u></p> <p><u>Medicare-covered:</u></p> <ul style="list-style-type: none"> • \$0 copay <p><u>Routine Podiatry:</u></p> <ul style="list-style-type: none"> • Routine podiatry - \$0 copay per visit for up to 6 routine podiatry visit(s) every year. <p>May require prior authorization.</p>
Private Duty Nursing	<p><u>In-Network:</u></p> <p>\$0 copay (40 visits per year)</p> <p><u>Out-of-Network:</u></p> <p>\$0 copay (40 visits per year)</p>
Home Health Care	<p><u>In-Network:</u></p> <ul style="list-style-type: none"> • \$0 copay <p><u>Out-of-Network:</u></p> <ul style="list-style-type: none"> • \$0 copay <p>May require prior authorization.</p>
Opioid Treatment Program Services	<p><u>In-Network:</u></p> <ul style="list-style-type: none"> • \$0 copay <p><u>Out-of-Network:</u></p> <ul style="list-style-type: none"> • \$0 copay <p>May require prior authorization.</p>

Additional Member Benefits	Blue Cross Group Medicare Advantage Open Access (PPO) SM
Outpatient Substance Abuse Services	<p><u>In-Network:</u></p> <p>Group therapy visit</p> <ul style="list-style-type: none"> • \$0 copay <p>Individual therapy visit</p> <ul style="list-style-type: none"> • \$0 copay <p><u>Out-of-Network:</u></p> <p>Group therapy visit</p> <ul style="list-style-type: none"> • \$0 copay <p>Individual therapy visit</p> <ul style="list-style-type: none"> • \$0 copay <p>May require prior authorization.</p>
Over-the-Counter Items	<p>Not Covered</p>
Prosthetic Devices (braces, artificial limbs, etc.)	<p><u>In-Network:</u></p> <p>Prosthetic devices</p> <ul style="list-style-type: none"> • \$0 copay <p>Related medical supplies</p> <ul style="list-style-type: none"> • \$0 copay <p><u>Out-of-Network:</u></p> <p>Prosthetic devices</p> <ul style="list-style-type: none"> • \$0 copay <p>Related medical supplies</p> <ul style="list-style-type: none"> • \$0 copay <p>May require prior authorization.</p>
Meals	<p>28 meals/14 days Max 3 times per year Authorization required after inpatient stay May require prior authorization.</p>

Additional Member Benefits	Blue Cross Group Medicare Advantage Open Access (PPO) SM
Renal Dialysis	<p><u>In-Network:</u></p> <ul style="list-style-type: none"> • \$0 copay <p><u>Out-of-Network:</u></p> <ul style="list-style-type: none"> • \$0 copay <p>May require prior authorization.</p>
Telehealth Services	<ul style="list-style-type: none"> • \$0 copay Virtual Urgent Care (through MDLive only), \$0 copay Virtual Mental Health Specialty Services (through MDLive only), and \$0 copay Virtual Psychiatric Services (through MDLive only)
Hospice	<p>You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the total costs for drugs and respite care. Hospice is covered outside of our plan. Please contact us for more details.</p>

DISCLAIMERS

This document is available in other alternate formats.

We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-299-1008 (TTY: 711). Someone who speaks Spanish/Language can help you. This is a free service.

Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-299-1008 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premiums and/or copayments/coinsurance may change on January 1 of each year.

You must continue to pay your Medicare Part B premium.

The formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Out-of-network/non-contracted providers are under no obligation to treat Blue Cross and Blue Shield of Texas members, except in emergency situations. For a decision about whether we will cover an out-of-network service, we encourage you or your provider to ask us for a pre-service organization determination before you receive the service. Please call our Customer Service number or see your “Evidence of Coverage” for more information, including the cost-sharing that applies to out-of-network services.



BlueCross BlueShield of Texas

Blue Cross and Blue Shield of Texas complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Blue Cross and Blue Shield of Texas does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Blue Cross and Blue Shield of Texas:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact a Civil Rights Coordinator.

If you believe that Blue Cross and Blue Shield of Texas has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Civil Rights Coordinator, Office of Civil Rights Coordinator, 300 E. Randolph St., 35th floor, Chicago, Illinois 60601, 1-855-664-7270, TTY/TDD: 1-855-661-6965, Fax: 1-855-661-6960. You can file a grievance by phone, mail, or fax. If you need help filing a grievance, a Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at

<https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html>

<https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf>

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-299-1008 (TTY/TDD: 711). Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-299-1008 (TTY/TDD: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 1-877-299-1008 (TTY/ TDD: 711)。我们的中文工作人员很乐意帮助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電1-877-299-1008 (TTY/TDD: 711)。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-299-1008 (TTY/TDD: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-299-1008 (TTY/TDD: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-877-299-1008 (TTY/TDD: 711). sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-299-1008 (TTY/TDD: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 대해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-299-1008 (TTY/TDD: 711). 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-299-1008 (TTY/TDD: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

TTY/) 1-877-299-1008- أسئلة تتعلق عن أي أسئلة تتعلق المجانية للفوري المترجم خدمات المقدمة إننا نقدم العربية إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق 1-877-299-1008 (TTY/TDD: 711). هذه خدمة مجانية على مترجم فوري، ليس عليك سوى الاتصال بنا على (Arabic 711): بالصحة أو جدول الأدوية لدينا. للحصول بمساعدتك. :TDD

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं। एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-877-299-1008 (TTY/TDD: 711) पर फोन करें। कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है। यह एक मुफ्त सेवा है।

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-299-1008 (TTY/TDD: 711). Un nostro incaricato che parla Italiano vi fornirà l'assistenza necessaria. È un servizio gratuito.

Português: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-299-1008 (TTY/TDD: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-877-299-1008 (TTY/TDD: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-877-299-1008 (TTY/TDD: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、1-877-299-1008 (TTY/TDD: 711) にお電話ください。日本語を話す人者が支援いたします。これは無料のサービスです。



**BlueCross BlueShield
of Texas**

Out-of-network/non-contracted providers are under no obligation to treat members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

This information is not a complete description of benefits. Call 1-877-299-1008 (TTY: 711) for more information.

Premium, copays, coinsurance, and deductibles may vary based on the level of Extra Help you receive. Please contact the plan for further details.

PPO plan provided by Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC). HCSC is an Independent Licensee of the Blue Cross and Blue Shield Association. HCSC is a Medicare Advantage organization with a Medicare contract. Enrollment depends on contract renewal.

THANK YOU

Connect with us

Contact Information: 1-877-299-1008, TTY: 711

Organization Name: Blue Cross and Blue Shield of Texas

Organization website: www.bcbstx.com